

## STEP-BY-STEP INFANT FRENOTOMY PROCEDURE

(NEWBORN TO 1 YEAR OLD)

EMERGENCY CONTACT: (315) 427-7478

## WHAT TO EXPECT =

- 1. Infant and parent/s will be guided into the treatment room by an assistant.
- 2. Assistant will explain the procedure in detail to you and go over any questions you may have.
- 3. Dr. Laura will come into the room and evaluate your child, discuss your concerns and encourage you to look at the finding inside your baby's mouth with her. For this you will be asked to stand next to Dr. Laura by your baby's head and she will guide you through the findings.
- 4. Dr. Laura will explain to you why the procedure may be indicated or not at this time. You can also ask Dr. Laura any questions and bring up any additional concerns.
- 5. Intraoral photographs may be taken at that time if the baby is cooperative enough and parents are comfortable with this. Photographs can also be taken right before the procedure is performed. Photographs are taken for either insurance reasons OR for our records.
- 6. Dr. Laura will leave the room and let you decide whether you want to proceed with the treatment on that day or reschedule.
- 7. Your child will be placed in a stabilization device. These will depend on the child's size and can range from a soft swaddle to a papoose board. Please, rest assured that your child will be completely safe during this part of the procedure.
- 8. Two assistants will be present in the room, in addition to the doctor.
- 9. Your child will be fitted with special laser glasses to protect his/her eyes. This is a great opportunity for you to snap a quick picture of your baby (with our permission, please).
- 10. We may give your child some all-natural sucrose solution (NICU grade quality). Administration of oral sucrose is the most frequently studied non-pharmacological intervention for procedural pain relief in infants.
- 11. Once we are ready to proceed, parents will be asked to LEAVE the treatment room and WAIT IN THE WAITING ROOM.
- 12. The procedure usually takes between 5 and 10 minutes.
- 13. Once the procedure is completed, we will bring you back immediately to reunite with your child.
- 14. Very mild bleeding is a possibility. This should stop within minutes.
- 15. You will be allowed to breastfeed if you wish. Please, remember that improvement may not be immediate, and may take from a few days to a couple of weeks.
- 16. Post op instructions will be given to you, both verbally and written.
- 17. Once you feel comfortable, you can check out. We would like to see the baby after a week or so to make sure that the healing process is going as planned.

If you have any questions, please contact us at **(316) 681-6818**. Thank you for trusting us with the care of your infant!

-Dr. Laura and the Team at Great Beginnings Pediatric Dentistry